

AMERICAN
HEADACHE
SOCIETY®

ANNUAL REPORT

American Headache Society®

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2023

A message from the

PRESIDENT & CEO

Dear AHS Member/ Partner,

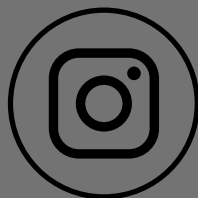
"The headache field continues to benefit from new therapies, new professionals focused on headache, and new activism within the patient community. The American Headache Society is viewed as a worldwide leader in developing and delivering headache medicine education and advocacy to the professional community. On behalf of the AHS Board of Directors, we want to thank you for your many contributions as we work together to advance our mission."

- Andrew C. Charles, MD, FAHS, President
& Howard Rosen, Chief Executive Officer

Who are we?

THE AMERICAN HEADACHE SOCIETY

- The Core Goal of the American Headache Society (AHS) is to improve the lives of people impacted by migraine and other headache disorders. The AHS is a professional society of health care providers dedicated to the study and treatment of headache and face pain. The Society's objective is to promote the exchange of information and ideas concerning the causes and treatments of headache and related painful disorders. Educating physicians, health professionals, and the public while encouraging scientific research are the primary functions of our Society.
- AHS activities include an Annual Scientific Meeting, The Scottsdale Headache Symposium as well as a broad range of educational programming tailored to Residents, Fellows and other clinicians and scientists interested in headache medicine. The society also oversees publication of the journal *Headache* and collaborates closely with the American Migraine Foundation and other patient organizations.





37 Million+

People living with migraine and
other headache disorders

~2,300

American Headache
Society Members

MAKING A
DIFFERENCE IN
HEADACHE
MEDICINE

1

Society dedicated to
headache medicine

www.americanheadachesociety.org

PRESIDENT

Andrew C. Charles,
MD, FAHS

President-Elect

Todd J. Schwedt,
MD, MSCI, FAHS

Immediate Past President

Peter J. Goadsby,
MD, PhD, FAHS

Treasurer

Matthew S. Robbins,
MD, FAHS

Secretary

Jessica Ailani,
MD, FAHS

Corporate Liaison

Stewart J. Tepper,
MD, FAHS



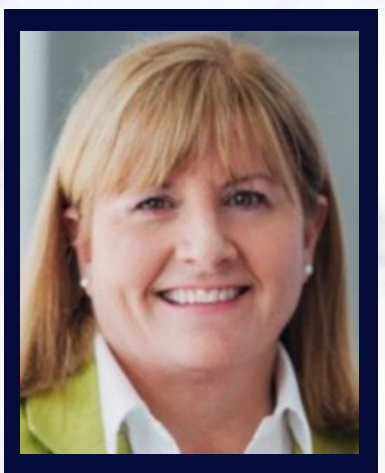
Rashmi B. Halker Singh,
MD, FAHS

Scott W. Powers,
PhD, FAHS



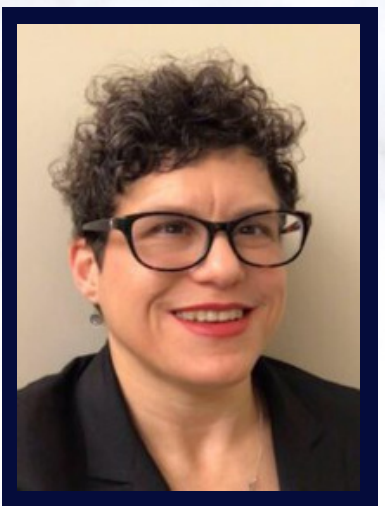
Andrea M. Harriott,
MD, PhD

Noah Rosen,
MD, FAHS



Christine Lay,
MD, FAHS

Amaal J. Starling,
MD, FAHS



Stephanie J. Nahas,
MD, MEd, FAHS

Rebecca Wells,
MD, MPH, FAHS





Editor-in-Chief, *Headache*®
Amy Gelfand, MD, FAHS

HEADACHE

The Journal of Head and Face Pain



Associate Member Representative
Maureen A. Moriarty,
APRN, DNP, FAHS



Chair, Special Interest Sections
Catherine D. Chong, PhD, FAHS



Chair, American Migraine Foundation
Christine Lay, MD, FAHS

1990-1992

Joel R. Saper, MD, FAHS

2000-2002

Richard B. Lipton, MD, FAHS

2002-2004

Robert B. Daroff, MD, FAHS

2004-2006

Stephen D. Silberstein, MD, FAHS

2006-2008

Paul Winner, DO, FAHS

2010-2012

David W. Dodick, MD, FAHS

2012-2014

Elizabeth W. Loder, MD, MPH, FAHS

2014-2016

Lawrence C. Newman, MD, FAHS

2016-2018

R. Allan Purdy, MD, FAHS

2018-2020

Kathleen B. Digre, MD, FAHS

Board Advisors (Past Presidents)



2023

In Review

"The headache field continues to benefit from new therapies, new professionals focused on headache, and new activism within the patient community. The American Headache Society continues to be viewed as a worldwide leader in developing and delivering headache medicine education to the professional community. "

Education & Membership

- In July, we learned that our society has been re-accredited by the ACCME for the next 4 years. Our term is from July 24, 2023 through July 31, 2027 which will allow the society to continue to advance our mission of educating health professionals and the public through quality educational programming. A big thanks to the CME Committee and AHSHQ for preparing the comprehensive file for ACCME to review.
- AHS added a new award in 2023; The DEI Award to recognize an individual who has made significant advancements in diversity, equity, and inclusion and worked to eliminate health disparities in Headache Medicine.
- AHS launched a new and redesigned Education On Demand platform. Powered by EthosCE, this new technology will enhance our ability to provide accessible virtual education and CME to members at no cost. The platform is easy to use, streamlined, and ACCME-compliant. Ethos allows users to access CME content, education and resources hosted by the AHS from their home or office. It also allows for access to CME transcripts and certificates at any time.
- The Bridge and Headache 101 programs merged into a new, single course ("The Launchpad to Headache Essentials") which was offered for the first time during the Scottsdale 2023 meeting. It is a terrific example of AHS expertise being used to deliver the highest quality education for the important first-line provider audience.
- AHS members participated in the recent Bylaws change vote to simplify and broaden membership categories. We are proud to announce that the vote passed, and the revised membership categories of AHS will include, Active, Trainee, and Industry.



"The American Headache Society continues to expand in size, reach and programming. Collectively, we are united in advancing our core goal – to improve the lives of people impacted by migraine and other headache disorders. The AHS is viewed as a worldwide leader in developing and delivering headache medicine education, advocacy and research. "

Initiatives & Partnerships

- In September we launched an early-stage investigator research initiative that is committed to fund up to \$50,000 for one basic science and one clinical grant per year. This is a significant milestone for our society as it represents the largest financial commitment to advancing research in our history. It is currently funded exclusively by the AHS reserves.
- In October, AHS launched their first ever online shop for members to purchase AHS branded gear. Each purchase contributes 15% to research, advocacy and education initiatives.
- Coupled with our partnership with the NIH, we continue to advance a set of Headache Research Priorities. The draft priorities were open for public comment during the majority of 2023.
- For this year's NRMP Headache Medicine Match, 41 programs and 47 applicants participated. It was a great success, with 44 matched applicants and 71% of positions filled. Program fill rate has increased over time, from a low of 26% (2017) to 61% (2023).
- The AHS Headache Fellowship website continues to serve members and prospective headache professionals. Since the launch of the website in May of 2020, the number of participating programs has grown from 24 (2020) to 40 (2023).

Membership

2023



MEMBERSHIP OVERVIEW

- AHS has grown to ~2300 members.
- AHS has members from all 50 states and 47 different countries.
- 70% of AHS membership is involved in a Committee and/or Special Interest Section.

BENEFITS

- Discounted Active Membership for the first year
- Exclusive member rates to the Annual Scientific Meeting and Scottsdale Headache Symposium
- 10 annual issues of *Headache: The Journal of Head and Face Pain*®
- Access to Special Interest Sections and Committees
- Online resources
- Professional growth, networking and advancement
- Discounted membership to the International Headache Society (IHS)



COMMITTEES

☐ Achievement
Recognition

☐ Advocacy

☐ Awards

☐ Bylaws

☐ CME

☐ DEI Task Force

☐ Education

☐ Electronic Media

☐ Ethics

☐ Executive

☐ Exhibits

☐ Finance

☐ Fellowship Directors

☐ Funding

☐ Guidelines

☐ Leadership Development

☐ Long Range Planning

☐ Membership

☐ Nominating

☐ Pacific Rim

☐ Practice Management

☐ Publications

☐ Research

☐ Scientific Program

☐ Scottsdale Program

SPECIAL INTEREST SECTIONS

- ☐ Advanced Practice Providers
- ☐ Autonomic Disorders
- ☐ Behavioral
- ☐ Complementary & Integrative Medicine
- ☐ CSF Pressure & Volume Disorders
- ☐ Clinical Informatics
- ☐ LGBTQIA in Headache Medicine
- ☐ Methodology, Design & Statistical Issues
- ☐ Migraine and Vascular Disease
- ☐ New Investigator and Trainees
- ☐ Pediatric-Adolescent Headache
- ☐ Pharmacology and Therapeutics
- ☐ Post-traumatic Headache
- ☐ Primary Front Line Headache Care
- ☐ Procedural Headache Medicine
- ☐ Refractory, Inpatient & Emergency Care
- ☐ TMD, Cervical Spinal and Orofacial Pain
- ☐ Trigeminal Autonomic Cephalalgias
- ☐ Underserved Populations in Headache Medicine
- ☐ Vestibular Migraine and Other Migraine Variants
- ☐ Women's Health

EDUCATIONAL OPPORTUNITIES

EMERGING LEADERS



The Emerging Leaders Program is designed to identify and develop future leaders within the Society. We encourage young medical professionals to enter and thrive in the field of headache medicine and within the American Headache Society.

MASTERING MIGRAINE THERAPIES (MMT)

Mastering Migraine Therapies (MMT) is an innovative new clinically-focused educational program that is designed for neurologists, internists, general practitioners and advanced practice providers.



RESIDENT EDUCATION FOR THE ASSESSMENT AND CARE OF HEADACHE (REACH)



Created to educate neurology residents more extensively about migraine and related headache disorders, the REACH program looks to inspire adult and pediatric neurology residents to pursue careers in headache medicine so they can better serve the needs of migraine and headache patients.

EDUCATIONAL OPPORTUNITIES

INTERNATIONAL HEADACHE ACADEMY (IHA)

IHA is an interactive program designed to inspire a commitment to headache medicine in young neurologists and research scientists.



FIRST CONTACT

The goal of First Contact is to provide educational resources to empower first line healthcare professionals to improve headache and migraine care.

RESIDENT EDUCATION

The aim of this program is to provide first and second year adult and pediatric neurology residents with a foundation in headache medicine education.



EDUCATION ON DEMAND

Education On Demand is a digital learning platform that provides members with access to educational resources from past AHS meetings and events. Members can view recorded sessions for CME credit, download documents, access links to current AHS virtual events and view related sponsors.

AHS CONFERENCES

Scottsdale Headache Symposium® Occurs every Fall



Annual Scientific Meeting Occurs every Summer



- Since the inaugural meeting in 1970, the Scottsdale Headache Symposium® continues to be the preminent venue for providing practical, clinical, evidence-based information on the diagnosis, management and treatment of headache. Education is presented in didactic, case-based, evidence-based, panel and demonstrative formats over the course of four days.
- This symposium is designed for general practitioners, internists, pediatricians, neurologists, anesthesiologists, dentists, physical therapists, psychologists, psychiatrists, nurse practitioners, physician assistants, nurses, and other health professionals who treat headache.
- The Annual Scientific Meeting is designed for physicians, psychologists, scientists, researchers, physician assistants, nurse practitioners, and other health professionals involved in the care of patients with head, neck, and orofacial pain.
- AHS has dedicated over 60 years to leading and serving the headache community.
- The Annual Scientific Meeting continues to be the premiere venue for the dissemination of the latest and most up-to-date research and scientific advances underlying the practice of Headache Medicine.

2023 CORPORATE ROUNDTABLE

Corporate Roundtable (CRT) provides a forum for the society and industry representatives to share ideas and formulate approaches to solving common problems with the headache community.

Diamond Members

- AbbVie Inc.
- Eli Lilly & Co.
- Lundbeck LLC
- Percept Corporation
- Pfizer

Ruby Members

- Amgen
- Impel Pharmaceuticals
- Teva Pharmaceuticals
- Upsher-Smith Laboratories, LLC

Sapphire Members

- electroCore, LLC
- Neurolief
- Theranica



HIGHLIGHTS FROM 2023

Mastering Migraine Therapies

Mastering Migraine Therapies (MMT) is an innovative new clinically-focused educational program that is designed for neurologists, internists, general practitioners and advanced practice providers.

MASTERING MIGRAINE THERAPIES



AMERICAN HEADACHE SOCIETY



Headache Heroines

The AHS Headache Heroines are dedicated to empowering women headache specialists and fostering professional growth in the field. Their mission is to create a supportive and inclusive community where women in Headache can excel and make a significant impact in the field.



Leadership in Advocacy Development (LEAD) Program

This new program aims to provide training, tools, mentorship, and support for mid-career healthcare professionals interested in professional advocacy.



"Our goal is to improve the lives of people impacted by migraine and other headache disorders, by encouraging scientific research and educating physicians, health professionals and the public."



*Thank you for
your support!*

AHS HEADQUARTERS



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