AMERICAN HEADACHE SOCIETY
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Women's Issues Special Interest Section Meeting Minutes

June 25, 2010

Present: B. Lee Peterlin, DO, Chair; Ann Calhoun, MD; David Cook, MD; Sylvia Lucas, MD, PhD; Michael Marmura, MD; Vince Martin, MD; James Banks, MD; Elliot Schulman, MD; Gery Florek, MD; Kathleen Digre, MD; Susan Hutchinson, MD; Gretchen Tietjen, MD; Elizabeth Loder, MD, MPH; Roger Cady, MD; Leslie Kelman, MD

The meeting was called to order by Dr. Lee Peterlin, the new chair for the Section. Introductions were made.

A. Dr. Peterlin announced that our Section Pre-Course Proposal for Scottsdale 2010 was accepted. Dr. David Cook is the chair for this Pre-Course entitled "Migraines Across the Lifespan of a Woman" and developed the proposal with Dr. Susan Hutchinson.
    a. The course will be held from 2 pm-5:30 pm on Thursday, November 18th, and will be a case-based format. Each case will be presented b y a clinician from our Women's Issues Section and will include ARS (if ARS available) questions to the audience. An expert panelist from the Women's Issues Section will then address each of the responses to the question in an evidence-based format.
        1. Menstrually related migraine in a woman who wants to use birth control pills.
            Susan Rubin/Anne Calhoun
        2. Migraine in female who wants to get pregnant; gets pregnant and then wants to breast-feed
            Gery Florek/Susan Hutchinson
        3. Refractory Migraine in the Perimenopausal Female
            Leslie Kelman/Vincent Martin

B. A Section Pre-Course Proposal for the AHS Scientific Symposium in June 2011 is being prepared and will be submitted by Drs. Anne MacGregor and Lee Peterlin with the help of Vince Martin and Anne Calhoun.

C. Michael Marmura expressed an interest in putting together a proposal for Scottsdale 2011. Dr. Peterlin announced anyone interested in helping him touch base with either herself or Dr. Marmura. Possible content includes controversial issues in treating women migraineurs. Topics that would fit a debate type format were recommended for this Pre-Course.

D. Dr. Elliott Schuman reminded everyone that the topic of abuse is important and requested that our Women's Issues Section team up with the Behavioral Health and Refractory Headache Section to promote abuse being covered in one of the main plenary sessions for the next AHS Scientific Symposium. There is a 7 am meeting of those currently involved on Saturday, June 26th, and there may eventually be an Abuse Special Interest Section of AHS.

E. Dr. Susan Hutchinson then gave an update on our Pregnancy & Lactation Project. Several members have not completed their assignments and this has held up project completion. Specifically, Phil Wakefield did not complete his assigned areas of migraine treatment during pregnancy with OTC analgesics, narcotic & opioids, and antihypertensives. Joan Golub has not completed the use of triptans during pregnancy section; in addition, the use of ergots & ergot alkaloids contribution she turned in needs revision in view of recent new information regarding the use of ergot alkaloids during pregnancy. Anne Calhoun volunteered to complete this part. The lactation contributions have all been turned in and Dr. Hutchinson will put them together and submit instead of waiting for the pregnancy part to be completed. Special thanks to all who have completed their part of this very important project. Ultimately, this project could get published as a guideline statement; initially, it may be more of a clinical review.

F. Lee Peterlin spoke about a 2011 Headache Journal Supplement Project on the subject of sex and gender issues in migraine to be called "Sex Matters". Several members of our section including Drs Peterlin, MacGregor, Tietjen and Aurora are involved in this project.

G. Dr. Peterlin noted that Fred Sheftell is the incoming chair for ACHE and has asked Dr. Peterlin to be a member. She encouraged members to submit material to be posted on this site. Dr. Hutchinson recommends we put a patient version of the migraine treatment during lactation to be put on the site.

H. Research projects may be more challenging as we move forward in view of the current economy. For now, grant money is no longer available from AHS to fund Section Driven Research. However, Lee states there may be other sources of funding including The Migraine Research Foundation (www.researchfoundation); The Migraine Trust (www.migrainetrust.org); and the newly formed American Headache Foundation (through AHS).

I. A new award called the Pink Brain Award has been proposed for the Women's Issues Section to honor those who are actively involved, show dedication to the group and demonstrate leadership role for the group. The first 2 recipients would be Susan Hutchinson and Gretchen Tietjen if approved. They will be given "something" but the specifics are pending. It is hoped this pink award can be bi-annual tradition for our section.

J. An open time for questions and comments was made at the end of our meeting.

    a. Dr. Hutchinson recommends that our Pre-Course in Scottsdale be marketed to local primary care providers in the Phoenix Area for a reasonable registration fee. This could potentially attract local family medicine, OB/GYN , and internal medicine providers who may then want to join AHS. AHS staff has assured her they can help with this effort.

There being no further business, the meeting was adjourned at 8:10 am.

Respectfully submitted by,

Lee Peterlin, DO and Susan Hutchinson, MD

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