



Women's Issues Special Interest Section Meeting Minutes
November 21, 2014
4:00 – 5:00 PM

Dawn and Susan are co-chairing Stress and Migraine for the women's section. A tribute to Autumn. Intimate partner violence; Elizabeth tribute to Autumn; Susan share a story; Gretchen biomarkers to stress; imaging and stress. Also think about Scottsdale proposals April 15. If the pre-course doesn't get accepted, we should keep tweaking it and resubmit. Stress and women's health--done by McKuen (high honorarium)--but his colleague would be great too. Naseem Maleki.

Susan Hutchinson: Vanessa Collins obgyn and planned parenthood--we would love to do a collaborative study with ocp and migraine; are they getting base line histories?

Susan got asked to speak for North American Society for pediatric and adolescent gynecology -- workshop on menstrual migraine and they can't cover expenses; she will send the information to Maria Wilson.

Cerebrovascular section would like to collaborate with the women's section on migraine: maybe this collaboration with OCP would be good.

Prospective/retrospective--with Mirena IUDs--with change in the headache. Trials aren't asking--Mirena and skyla both progesterone-- we should work with planned parenthood-- Kathleen Digre to ask Kirtly Jones and David Turok--how we could partner with planned parenthood or other groups--on oral contraceptives and headaches. let Sheena know the results since any work would need to be approved by the board. Susan Hutchinson would be the key person on this.

New article on abuse and PTSD--and Dawn will get ACHE blips to the website.

Lee Peterlin brought up PTSD and chronic headache--in our civilian population and women it is not head trauma--that could be left behind. looking at pain syndromes and PTSD in non-military causes, and who is at highest risk. Current stresses studied by a New Zealand researcher who followed people for 30 years and it looked at them at age 32 and following regularly 30,000 kids. If no abuse, markers were lower; abuse had markers very high. They were able to control for life stressors--and these put you into more pain. Some levels can be gotten just from saliva. Collaborative project could be done using a questionnaire. After the holidays do a phone call. to discuss

Heidi Schwarz AAN practice committee--would offer collaboration with AAN

Dawn Buse: focus topics on twitter, facebook and other social media There are a lot of things we could share with each other--these pieces are low stress for residents and fellows. Tweets are one sentence; links; headache tool box. Pick topics now. April would be women's issues.

Infographic could be made as well. Tate is an AHS designer. Concussion has done theirs. Women's section: 10 facts with references--printed poster; formatted for social media; info graphics. Women's headache over the life time--prevalence;

Posters will be given to everyone in AHS and clinic; American Migraine Foundation; could be distributed virtually, and not all mailed. Jolena will take the lead on Women's issues on this poster--Sheena (pregnancy); adolescent (Susan Hutchinson) Menopause (Heidi), maltreatment (Gretchen), PTSD (Lee), Vascular (), Rebecca diet, epidemiology (Dawn) Jolena (post-partum).

This group should be women's advocate--we need women and men to do this. Amaal is the new investigator section. Women get tend to get left off of things. Advocacy within our organization. Also in International Headache Society. We need to find women who are willing to run for IHS president. Consider half day retreat for women's leadership development. Mentorship could be on research.

Review article: we need a review on child hood maltreatment and partner abuse, it could be published in Headache Currents.