



**Pediatric-Adolescent Headache Section  
Conference Call Minutes  
Tuesday, March 11, 2008**

**Present:** Andrew Hershey, MD, PhD; Steve Linder, MD; Alma Bicknese, MD; Paul Winner, DO, FAAN; Kenneth Mack, MD; Elza Vasconcellos, MD; Ann Pakalnis, MD; Eric Pearlman, MD, PhD; Diana Lebron, MD; Steven Leber, MD, PhD

**Staff:** Andrea Taylor

**I. Research**

**A. Obesity Project Update – Andrew Hershey, MD, PhD**

Dr. Hershey is hoping to have the final draft/manuscript out to everyone by tomorrow and their comments back by the end of next week. The manuscript will then be submitted to *Headache*. He reviewed some of the results of the project.

Dr. Winner recommended sharing the project with Dr. Mehmet Oz (aka Dr. Oz from Oprah), because he's currently doing a campaign on obesity in children. Dr. Oz is raising a lot of funds for this crusade. Dr. Winner thinks this project is important and should expand to another level.

**B. CDH Longitudinal Outcome – Kenneth Mack, MD**

Each site has collected data from 10 patients. Dr. Mack suggested having some investigators update the patients once a month to remind them about the process. He hopes to get patients interested in the study. Dr. Mack inquired about the PedMIDAS test so Dr. Hershey the members an overview of the scoring.

IRB approval for the CDH study is taking a while. It has been determined that this is truly a retrospective study. Most of the data is analyzed after patient is long gone. Dr. Bicknese was having difficulty getting IRB approval until the study was proven to be retrospective. Dr. Mack would like to incorporate PedMIDAS score into his evaluations.

Dr. Mack can be contact at [mack.kenneth@mayo.edu](mailto:mack.kenneth@mayo.edu).

**C. Referral Pattern – Elza Vasconcellos, MD**

Dr. Vasconcellos passed 100 patients for her site. She is still collecting from new patients, because she hasn't received data from many sites. Some members are still waiting for IRB approval and others will begin to collect their data soon. The goal is to have 100 patients per site. Anyone interested in participating please email her ([evasconcellos@nnpmd.com](mailto:evasconcellos@nnpmd.com)).

Dr. Vasconcellos submitted an abstract for the Society's 50<sup>th</sup> Annual Scientific Meeting.

**D. ED/Inpatient** – Andrew Hershey, MD, PhD

Dr. Hershey explained this project is on hold and will be discussed at the meeting in June.

**E. Botox** – Andrew Hershey, MD, PhD

The first round manuscript was already submitted and returned with comments.

**F. Other**

**1. Project for 2008**

Dr. Hershey asked if anyone had any group project ideas. The following suggestions were given:

- Emergency care
- Menstrual migraine -Triptans for menstrual migraine girls were discussed. The goal would be to keep the study retrospective. Dr. Hershey mentioned a possible collaboration with the Women's Issues Section. It could be a combined project.
- Functional abdominal pain and association with headache – Dr. Linder will consult with B. Li.
- Nutraceuticals – this may not be economical. It could be worthwhile as a group to look at posttraumatic patients.

Dr. Hershey asked the members to continue thinking of any project ideas. They can be discussed during the May conference call or at the June meeting. If you have an idea please email Andrea Taylor ([ataylor@talley.com](mailto:ataylor@talley.com)).

## **II. Education**

**A. AAN**

Dr. Hershey discussed the Sunday presentation.

**B. AHS**

Pre-course and section symposia applications are typically due August 1 of each year for the following Annual meeting. However, for the 2009 meeting they will not be accepting applications. The Pediatric Subcommittee of the International Headache Society will determine any related sessions. The American Headache Society members can give some suggestions and input, but it will be up to the IHS committee. Dr. Winner would like to discuss the meeting with the current Chairman, C. Woeber-Bingoel, while they are attending the International Congress on Headache in Children and Adolescents in Istanbul.

### **C. CNS**

Dr. Bicknese is involved with the CNS. There will be reasonable headache coverage at their November meeting. The abstract she was submitted for presentation.

### **D. AAP**

Jack Gladstein is working with the AAP to make headache a more prominent topic.

### **E. Other**

## **III. Administrative**

### **A. New Chair Elections**

Dr. Hershey's term as Chair of the section will be up in May 2008. The new Chair will lead the meeting in June. They will decide during that meeting whether they would like to continue with other roles in the section. Dr. Winner complimented Dr. Hershey on the great job he has done as Chair of the section for the past four years.

## **IV. Clinical**

- A.** Dr. Hershey provided an update on one of his three year old patients.
- B.** The Section would like to have a clinical bulletin board on the Society website to post cases. Other members of the section would be able to respond with their opinion/advice. They will make sure the bulletin board does not violate any HIPPA guidelines. No patient identification will be used other than age. Andrea to send members instructions on accessing the online forum.

*This call was adjourned at 10:05 pm*

Respectfully submitted by: Andrea Taylor