

New Investigators & Trainees Section
Saturday, November 20, 2010
7:00am

Minutes

Present: Tesha Monteith, MD; Jan Hoffmann, MD; Jill Jesurum, PhD; Vitaly Koss, MD; Laura McGowan, DO; Dolores Santamaria, MD; Thuy An Hoang, MD; Jin Yan, BS; Rebecca Wells, MD, MPH; Eric Kaiser; Dave Watson, MD; Sita Kedia, MD; Andrew Ahn, MD, PhD

Staff: Andrea Taylor

Dr. Monteith introduced herself and welcomed everyone. Those in attendance introduced themselves and shared their backgrounds. Dr. Monteith explained the creation of this new section. It is a great way for NITs to help each other and overcome any difficulties or limitations NITs face. The group discussed different symposium types for the Annual Scientific Meeting such as a career development lecture or an NIH symposium.

Professionalism:

We will like to take on the initiative to describe headache centers for a Headache Journal publication across the US. This could be a collaborative project.

The term "headache center" needs to be more clearly defined. Who practices there? What patients qualify to be seen there? The members of this section will be starting their own "headache centers" in the near future. The challenge is getting people interested in headache whether healthcare professionals or patients, researchers, etc.

The group was impressed by the AHS' American Migraine Foundation (AMF) initiative to assist large academic centers with business plans. Dr. Monteith felt that NITS should be a part of this as the construct of a business plan needs to be designed by the practitioner heading the program with the knowledge of how to treat the patients as opposed to potential mandates of the Chair.

Headache Specialty Network:

Dr. Hoang would like access to more information about headache specialties. We will inquire the possibility of this for the website. Specialist can designate particular information when the renew there membership.

Employment Opportunities:

Dr. Watson will be hiring another headache specialist in his practice at West Virginia University. Dr. Andrew Ahn announces an available position at the U. of Florida.

Subcommittees:

Education, Research, Mentoring, Practice Parameters, Public Service, Advocacy, etc.

Dr. Monteith would like to develop subcommittees of the section. This is a good way to get people involved and accomplish some of the section's overall goals. This should also help to attract membership for the section, as well as AHS. Dr. Monteith emphasized that NITS has many responsibilities of education medical student and fellows, probably with the most face time. We should have a strategy and find creative ways to teach concepts like secondary headaches or red flags =SNOOP.

- Education – Drs. Hoang and Santamaria
- Practice Parameters – Dr. Koss
- Dr. Jesurum volunteered to be the liaison to set up calls for abstracts from NITs.
- Dr. Hoffmann will act as the IHS liaison for the section.
- Eric Kaiser would like to be a part of the research subcommittee

Recruitment:

The idea arose to offer the trainee membership for free for the first year with electronic only access to the journal. Dr. Jesurum suggested posting collaborative research opportunities on the AHS website. The section will help to promote membership in AHS to NITs.

Research Consortium of Fellows and Residents:

AMF will help to promote research opportunities. The first project out of AMF is the Headache Classification Network (HCN). Brian Grosberg is leading the first study on New Daily Persistent Headache. She recommended polling all AHS members regarding collaborative research. The AHS website should document individual member's research interests.

Dr. Monteith further discussed research projects and the opportunity for NIH funding possibly through a consortium of fellows and residents. She expressed the importance of developing an early framework for when AHDA and the AHS realize their goals.

Dr. Jan Hoffmann proposed to initially focus on networking and research mentorship. He suggested that it would be useful to establish a one-day research symposium for young researchers, similar to what has been established by the German Headache Society many years ago and has proven to be very effective in networking the young researchers. This symposium would give the chance to learn who is working on what and in the long run offer a huge potential for multicenter research projects. In order to keep costs in a reasonable margin, he suggested to establish such a symposium as a sort of pre-conference symposium preceding the next AHS conference.

Education:

Bill Young has a slide deck from a three lecture series on secondary headaches. This could be updated and posted online for medical students.

Mentorship:

Dr. McGowan recommended having an online mentoring program to help with a resident's transition to headache medicine. More should be done.

Summary of interest:

- 1) Pre-course for research mentorship for the AHS
- 2) Develop membership directory that is searchable
- 3) Opportunity to develop a headache business plan
- 4) Opportunity to develop the resident and fellow page
- 5) Mentor program

Respectfully submitted by,

Andrea Taylor