New Investigators & Trainees Special Interest Section
Minutes – Friday, November 11, 2011

Present: Tesha Monteith, MD, Chair; Susan Broner, MD; Adelene Jann, MD; Holly Yancy, DO; Brandon Aylward, PhD; Rebecca Burch, MD; Rebecca Wells, MD, MPH; Carrie Robertson, MD; William Young, MD, FAHS; Jonathan Gladstone, MD; David Dodick, MD, FAHS; Farooq Maniyar; Robert Cowan, MD; Denise Chou

Staff: Andrea Taylor

Dr. Monteith encouraged the group to submit cases to the journal for the Residents & Fellows section. Dr. Mo Levin finds an expert to write about the case and it is published in *Headache* and online. Once your submission is accepted your case would be published within 8 weeks.

Dr. Monteith also encouraged the group to assist with the ad hoc Medical Education Committee, which is being coordinated by Dr. Young and Dr. Stephanie Nahas. Dr. Young explained this committee’s goal is to help new programs develop teaching materials. They are gathering PDFs, PowerPoints on six topics, and updating the Brainstorm and Neurology Ambassador Programs.

The Guidelines Committee could also use some assistance. They are reviewing articles to update guidelines, quality issues, insurance, etc. If anyone is interested in participating they can contact Linda McGillicuddy, the AHS Executive Director.

The Residents and Fellows page of the ASH website needs to be updated. The AAN has a nice career area of their website. The AHS career area could be enhanced.

Dr. Monteith recommended the group comes up with a resource list to put online.

The group discussed ways to increase online interaction between the residents and fellows. Would a list serve be efficient? Dr. Young recommended starting with a list serve and identify which outlets are the best for communication.

Some resources that would be beneficial to residents and fellows would be a list of what you need to be successful in the headache field. What qualifications does one need and what it takes to be a good practitioner.

The group discussed ways to hone on in research skills. It would be beneficial to have a workshop for the residents and fellows. The Methodology, Design & Statistical Issues chaired by Scott Powers would be a good group to approach for something like this.

Dr. Monteith spoke with Dr. Andy Charles about a registry. All data must be collected in the same way and have the same outcomes measures.
Dr. Wells feels it would be very helpful for the group to meet again to discuss research further.

Dr. Monteith would like to apply for a Section Symposium at the 2013 IHC in Boston. The IHC will be a great opportunity to learn about the studies being done by international colleagues.

A poster tour is a something to consider for the Annual Scientific Meeting. A mentor could spend an hour walking around to review the posters with the junior members.

Dr. Dodick discussed funding to do an international headache academy. *The Journal of Neuroscience* has two pages for young members to write with a mentor. He would like to do that with *Cephalalgia*.

Dr. Dodick also discussed a database using redcap. Every patient as an academic headache center would log info. All patients with specific disease states can be accessed. This could be a project out of the America Migraine Foundation.

Dr. Cowan discussed the importance of patient education. He used diabetes as an example of health care professionals who get reimbursed for providing education to patients. The diabetes methodology could possibly be used to put a pre-course together. Possible revenue for AHS in the future could be to become a certifying body and provide a certification exam for providing headache education to patients. A project like this may take 5-6 years. The resident and fellow members could be beneficial in making something like this happen.

Dr. Cowan is also looking for a headache fellow for Stanford.

Dr. Broner invited everyone to attend her Underserved Populations in Headache Medicine Section meeting.

The group shared their current research projects.

The priority is to work on updating the Research and Fellow page of the AHS website. The section is also encouraged to submit updates about research or other interesting topics to ACHE for the patience side. If interested in submitting something for the ACHE website please email Andrea Taylor at ataylor@talley.com.

Respectfully submitted,

Andrea Taylor
Program Manager