Pediatric-Adolescent Headache
Special Interest Section

Meeting Minutes
Friday, June 25, 2010

Present: Jack Gladstein, MD; Scott Powers, PhD; Ken Mack, MD, PhD; Alma Bicknese, MD; Paul Winner, DO; Howard Kelfer, MD; Nancy Christie, MA, MS; Eric Pearlman, MD, PhD; Andrew Hershey, MD, PhD; Marcy Yonker, MD; Elza Vasconcellos, MD; Hope O’Brien, MD; Zuhal Ergonyl, MS; Marielle Kabbouche, MD; Heidi Blume, MD, MPH; Diane Lebron, MD; A. David Rothner, MD; Maria Christina Victorio, MD; Nathan Bennett, MD; Fred Sheftell, MD; Deanna Duggan, MS

Staff: Andrea Taylor

Dr. Gladstein welcomed everyone.

The section discussed the decline in overall AHS membership. Why are people not staying members? What benefits are people looking for in their membership? The section would like to help draw more people to AHS.

Dr. Winner discussed education and socialization. He suggested having a dinner in Scottsdale for members of the section to connect.

Dr. Gladstein asked the group if they felt empowered in an education standpoint. Dr. Winner stated they do not always have enough information to presenting. There is constant competition with other science.

Dr. Hershey led one of five groups selected by the NIH. The rate of grant applications selected is the same as stroke. He urged the membership to submit more grants for headache related research.

Dr. Rothner emphasized the importance of educating colleagues. The section needs to help raise the level of care of children. This section can be really successful with educating physicians, as well as parents and children.

Dr. Yonker gives lunch time lectures to pediatric offices on headache treatment. This would be a good opportunity for this section to work with the new In-Office Patient Education Section.

Drs. Hershey and Powers reviewed their NIH study proposal on Amitryptiline and Topiramate in the prevention of childhood migraine. This $18 million grant will allow for the participation of 30 – 40 sites. David Dodick has agreed to the medical monitor for the study. Upon review of the proposal if anyone has any suggestions/questions they can contact Drs. Hershey or Powers.
Dr. Winner explained the new AHS guidelines process. The Guidelines Committee will be led by Stephen Silberstein. Any guidelines or position papers the sections wish to work on must go through the Guidelines Committee from now on.

The NINDS is looking for any science to make the population better.

For the study by Drs. Hershey and Powers, it is not exclusive to AHS, but credit will be given to participants.

Dr. Winner discussed the high school girl winning the award on headache research. Her article is featured on the American Migraine Foundation (AMF) website. Sections will be able to submit proposals to Barry Baumel, Chair of the AMF for funding. The process for funding research proposals through AHS has changed.

Dr. Winner discussed a possible research proposal on surveying high school students. It would compare diagnosed vs. undiagnosed. Dr. Kabbouche has done a similar survey. The following attendees volunteered to participate in such a project.

Deanna Duggan      Heidi Blume
Eric Pearlman      Ken Mack
Paul Winner        Diane Lebron
Andrew Hershey     Alma Bicknese
Marcy Yonker       Maria Christina Victorio
Elza Vasconcellos  Marielle Kabbouche

The section discussed other possible research ideas for consideration for AMF grants.

Respectfully submitted by,

Andrea Taylor
Program Coordinator, AHS