

Behavioral Issues Special Interest Section
Friday, June 3, 2011

Minutes

Present: Robert Nicholson, PhD, Chair; Mia Minen, MD, MPH; Brooke Walters; Jeanetta Rains, PhD; Donald Penzien, PhD; Morris Maizels, MD; Elizabeth Seng, BA; Todd Smitherman, PhD; Barbara Rosenthal, MD; Fred Taylor, MD; Ken Holroyd, PhD

Introductions around the table

Dr. Nicholson reviewed the goals and objectives of the section and proposed the development of new goals and objectives. Where does the Section really want to go? Dr. Rains recommended that Dr. Nicholson makes suggestions for changes and distribute them electronically. Dr. Penzien suggested surveying the entire Section and perhaps the entire AHS membership to get their recommendations and interest in the Section. Dr. Maizels would like to see the Section influence non-behavioral specialists and possibly have one set of goals for behaviorists and another for physicians. All in attendance were in favor of revising the goals.

Dr. Nicholson has one year left as Chair of the Section, but is stepping down. He opened up the floor for nominations for his replacement. Drs. Penzien and Rains nominated Dr. Smitherman. An email will be sent to the entire Section requesting nominations.

Dr. Nicholson had submitted a Pre-Course proposal for the upcoming Scottsdale Headache Symposium. The topic of the Pre-Course is "Neurobiological and Behavioral Issues in Medication Overuse Headache". The Scottsdale Program Committee will be making their decision shortly.

Dr. Maizels is interested in redefining headache as somatization disorder. Does headache resolve when the somatization disorder is treated? Also, why prescribe opiates for headache patients. If anyone is interested in these topics please contact Dr. Maizels.

Andrea explained the grants process. There is no longer a formal Section grant process. Anyone with a research project idea can contact Barry Baumel for possibly funding through the American Migraine Foundation.

Dr. Penzien summarizes the project that was started a few years ago on best practices for behavioral issues in headache. The group involved met and discussed four different topics. They need evidence to support each of the best practices. This project has been delayed. The end goal is to have a supplement for the *Headache* journal.

Dr. Nicholson explained the charge from ACHE Chair Paul Winner. The Sections have been asked to provide material regularly to keep the ACHE website updated.

As ACHE newsletter editor and journal abstract editor, Dr. Taylor is always looking for the hottest and newest information. He urged the Section to submit behavioral content.

Dr. Maizels expressed his concern for what Botox could do to the behavioral field. The group discussed behavioral interventions and screening

Dr. Taylor recommended that everyone check out the Duke Integrative Wheel of Health which can be found at <http://www.dukeintegrativemedicine.org/index.php/2009011914/about-us/wheel-of-health.html> He feels that most providers don't see the critical role of mind body medicine (integrative medicine) in their practice.

Respectfully submitted by,

Andrea Taylor, Program Manager