The American Headache Society® presents

COMPREHENSIVE MIGRAINE EDUCATION PROGRAM

NO COST TO HEALTHCARE PROFESSIONALS!

All programs are from 8:00 am – 5:00 pm

Saturday, October 29, 2016 - Portland, OR
Portland Marriott Downtown Waterfront

Saturday, November 5, 2016 - Austin, TX
Renaissance Austin Hotel

Saturday, December 3, 2016 - New York, NY
Westin New York at Times Square
PROGRAM OVERVIEW

The Comprehensive Migraine Education Program (CMEP) includes data on the scope and distribution of migraine with an emphasis on chronic migraine as well as recent insights into the mechanisms of the disorder setting the stage for improving treatment outcomes. The CMEP communicates acute migraine treatment optimization techniques and resources to improve treatment satisfaction and success.

ACKNOWLEDGEMENTS

The American Headache Society® gratefully acknowledges the support of the Comprehensive Migraine Education Program in the form of an educational grant from Allergan.

CME Statement: AHS is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. AHS takes responsibility for the content, quality, and scientific integrity of this CME activity. AHS designates AMA PRA Category 1 credit(s)™ for this medical education activity, Comprehensive Migraine Education Program, for a maximum of 4.25 AMA PRA Category 1 Credit(s)™ for the morning program, 3.5 AMA PRA Category 1 Credit(s)™ for Workshop 1 and 3.5 AMA PRA Category 1 Credit(s)™ for Workshop 2.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

For more information, call 856-423-0043 or email AHSHQ@talley.com. For complete program information and to register, visit www.AmericanHeadacheSociety.org, call 856-423-0043, or email: AHSHQ@talley.com.
Saturday, October 29, 2016

Portland, OR
Portland Marriott Downtown Waterfront
1401 SW Naito Parkway
Portland, OR 97201

Saturday, November 5, 2016

Austin, TX
Renaissance Austin Hotel
9721 Arboretum Boulevard
Austin, TX 78759

Saturday, December 3, 2016

New York, NY
Westin New York at Times Square
270 West 43rd Street
New York, NY 10036
EDUCATIONAL OBJECTIVES
Upon completion of this program, participants will be better able to:

1. Utilize the new ICHD-III (beta) classification criteria to appropriately diagnose common primary headache disorders, especially episodic and chronic migraine.

2. Assess migraine comorbidity and disability. Understand the natural history of migraine, the risk factors for progression and state of the art insights into pathophysiology.

3. Develop individualized, patient-centered treatment plans for episodic and chronic migraine based on diagnosis, disability and comorbidity.

4. Incorporate available and emerging non-oral pharmacotherapies and devices into treatment. Anticipate the next generation of pharmacotherapies and devices for migraine therapy.
Afternoon Workshop 1
Procedural Headache Medicine

Curriculum Developers

Program Chairs
David W. Dodick, MD, FAHS
Mayo Clinic College of Medicine
Richard B. Lipton, MD, FAHS
Albert Einstein College of Medicine
Stephen D. Silberstein, MD, FAHS
Thomas Jefferson College of Medicine

Committee
Andrew C. Charles, MD, FAHS
University of California Los Angeles
Matthew S. Robbins, MD, FAHS
Montefiore Headache Center
Donna Gutterman, PharmD
Chris Caiazza

Choose one of our two new, hands-on, small-group workshops from 1:15 to 5:00 pm.

Both workshops will be illustrated with a case-based approach, include demonstrations, and provide resources for physicians and patients.

1:15 pm – 1:40 pm
Introduction and Pre-test

1:40 pm – 2:10 pm
Integrating Neurostimulation Devices and Trigger Point Injection into Your Treatment Plan

2:10 pm – 3:15 pm
Neurostimulation Devices and Trigger Point Injection Hands-on Workshop

3:15 pm – 3:45 pm
Integrating OnabotulinumtoxinA into Your Treatment Plan

3:45 pm – 5:00 pm
OnabotulinumtoxinA Hands-on Workshop

Program Overview
This workshop will highlight the role of nerve blocks, stimulators, and OnabotulinumtoxinA in the treatment of chronic migraine. The workshop will include a didactic session coupled with hands-on training.

Educational Objectives
Upon completion of this workshop, participants will be better able to:

• Identify patients who are candidates for nerve stimulators or OnabotulinumtoxinA treatments for management of headache
• Explain the different benefits and risks of nerve blocks, procedures for headache management, and OnabotulinumtoxinA treatment for chronic migraine
• Perform occipital nerve, supraorbital, and supratrochlear nerve blocks in appropriate headache patients
• Perform OnabotulinumtoxinA injections in chronic migraine patients

Workshop 1 Supported by an Educational Grant From ALLERGAN
Afternoon Workshop 2

Behavioral and Non-Pharmacologic Enhancements to Headache Management

CURRICULUM DEVELOPERS

PROGRAM CHAIRS
Dawn C. Buse, PhD, FAHS
Albert Einstein College of Medicine
Richard B. Lipton, MD, FAHS
Albert Einstein College of Medicine

COMMITTEE
Robert A. Nicholson, PhD, FAHS
Mercy Health Research
Todd Smitherman, PhD, FAHS
University of Mississippi
Donna Gutterman, PharmD
Chris Caiazza

Choose one of our two, hands-on, small-group workshops from 1:15 to 5:00 pm.
Both workshops will be illustrated with a case-based approach, include demonstrations, and provide resources for physicians and patients.

1:15 pm – 2:45 pm
Introduction and Pre-test

2:45 pm – 3:30 pm
The Science and Art of Communicating with Your Patient
Topics covered in this section include strategies scientifically proven strategies for maximal effective medical communication, enhancing motivation and adherence, and improving healthcare professional-patient collaboration.

3:30 pm – 3:45 pm
Break

3:45 pm – 4:45 pm
Tailoring Multidisciplinary Treatment for Your Patient
Topics covered in this section will include a review of the Biobehavioral model, a review of behavioral strategies for the medical professional to incorporate into practice, a review of the empirical supported, efficacious biobehavioral treatments (biofeedback, relaxation training, guided visual imagery, and cognitive behavioral therapies), assessing and managing headache-related disability and common psychiatric comorbidities and resources for making successful referrals for biobehavioral treatment.

4:45 pm – 5:00 pm
Wrap up, Q&A, and Post-test

PROGRAM OVERVIEW
This workshop will review strategies for optimizing medical communication, enhancing patient adherence and self-efficacy, and creating tailored comprehensive treatment plans including empirically supported behavioral approaches.

EDUCATIONAL OBJECTIVES
Upon completion of this workshop, participants will be better able to:

- Integrate strategies to improve communication and optimize patient adherence and motivation into clinical practice
- Assess common psychiatric comorbidities of chronic and episodic migraine
- Create tailored comprehensive treatment plans matching patient needs with empirically supported behavioral approaches to migraine prevention and management

www.americanheadachesociety.org
TARGET AUDIENCE
This program is designed for neurologists, family practitioners, internal medicine, psychologists, and other health professionals who would like more information on the proper diagnosis and treatment of chronic migraine patients.

EDUCATION MISSION STATEMENT
The provision of quality CME is a primary mission of the American Headache Society® (AHS). AHS’s educational objectives are to continue to improve the knowledge, skills, and professional performance of physicians, psychologists, and other health professionals in the care of patients with head, neck, and orofacial pain by:

- Providing a forum for presentation of free scientific communication on research and clinical practice
- Providing educational symposia
- Improving education in medical schools and residency programs
- Identifying and developing new educational initiatives
- Supporting educational programs directed to people with head, neck, and orofacial pain
- Maintaining strict adherence to ACCME guidelines

CONTINUING MEDICAL EDUCATION CREDIT
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DISCLOSURE STATEMENT
All contributors who can affect American Headache Society CME content (including but not limited to Leadership, Program Chairs, Program Committee Members, Moderators, Faculty, Speakers, Reviewers, Teachers, Authors, Medical Writers and Staff), in their respective roles, are required to disclose all relevant financial relationships with any commercial interest that could be viewed as a real or perceived conflict of interest. Contributors will also identify relevant financial relationships of their spouse, partner or immediate family.

This policy is in effect to maintain adherence with the conflict of interest guidelines set by the Accreditation Council for Continuing Medical Education (ACCME) and the American Headache Society Ethics Committee.

Prior to the program, attendees will be made aware of the presence or absence of relevant financial relationships for any contributors who may affect the development, management, presentation or evaluation of the CME activity. The presence or absence of relevant financial relationships for any contributor who affects content are listed in the Final Program, mobile app (where applicable), presented verbally and in slide form.

Individuals who refuse to disclose relevant financial relationships will be disqualified from being a contributor and cannot have control of, or responsibility for, the development, management presentation or evaluation of the CME activity.

SPECIAL NOTE FOR THE PHYSICALLY CHALLENGED
The American Headache Society® wishes to take steps to ensure that no individual with disability is excluded, denied services, segregated, or otherwise treated differently than other individuals because of the absence of auxiliary aids and services. If you need any auxiliary aids or services identified in the Americans with Disabilities Act, or any assistance in registering for this symposium, please contact Cheryl Gallagher at 856-423-0043, or write to her at AHS, 19 Mantua Road, Mt. Royal, NJ, 08061, or email AHSHQ@talley.com.

REGISTRATION
To register, at no cost to the healthcare professional, click here.